

MENOPAUSE TREATMENT

FOREWORD. *This process is still in the testing phase, because even though it is designed using the logic of the principles that govern the application of electrical energy to the body, it has been very difficult to obtain patients for each of the processes from an engineering school. The worst that can happen when testing a process is that the technique does not cure the disease, but it is IMPOSSIBLE to injure or electrocute the patient with a generator (TENS) that uses a 9-volt battery; the electric chair applied 2,000 volts.*

WARNING: *Before reading about any of the treatments, you should learn about TENS (Transcutaneous Electrical Nerve Stimulator) and its characteristics: parameter settings, cost, where to buy it, etc., as it is the device that generates the electrical signals used to cure all the diseases shown on this site; it is the equivalent of the medicine. A description of it is given in the information entitled: "TENS FEATURES," on this same site.*

INTRODUCTION.

Menopause is the physical change that women experience when their menstruation stops for at least 12 months. While some women do not experience any changes, others experience several of the following symptoms (which they feel and report):



Symptoms:

- Hot flashes
- Mood swings
- Night sweats
- Vaginal dryness
- Difficulty concentrating
- Pain during sexual intercourse
- Incontinence
- Difficulty sleeping/insomnia
- Depression and/or anxiety

TREATMENT.

The effect of electrical treatment on the ovaries tends to restore their normal functioning, from possibly eliminating the above symptoms or reducing their effect, which is the desired goal of this treatment, to producing a new egg and therefore a new menstrual period.

As in all cases of electrical treatment, the focus is on passing the current through the affected organ, in this case the ovaries, in order to restore their normal functioning or to achieve menopause without unpleasant effects.

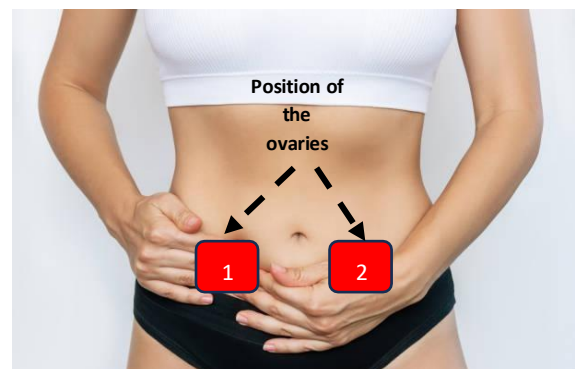


Figure 1. Position of the ovaries.

1. ***First method*** The pads should be positioned in such a way as to ensure that the current passes through the ovaries to achieve the desired result. There may be several ways to achieve this, one of which is to place one pad at the entrance to the vagina () and the other in the position of the ovaries in the abdomen, as shown in Figure 1.
2. ***Second method***. This is an alternative if the first method does not produce positive results. In this method, the pad on the abdomen is changed, the pad at the entrance to the vagina is left in place, and the other pad is placed on the back, between the ribs and the hip bone, on one side of the spine.



Figure 2. Position of pads on the back; an alternative to the position described in position 1.

TREATMENT PARAMETERS:

TIME:

Apply for 10 minutes in each of the two positions (1) and (2) indicated for three consecutive days.

INTENSITY: As in all cases, and to avoid the use of a multimeter by a housewife, the current intensity should be increased until it begins to be felt and left in that position.

TYPE OF PADS.

Use 5 x 5 cm rectangular pads, or any other similar pads available.